



# ~Smoke Signals~

SEPTEMBER - OCTOBER 2005

## Chiefs Message



Because today's world is fast paced, parenting today is harder than ever. It is easy to get bogged down in life's daily struggles. Researcher Ibrahim Bowers estimated that the typical working father spends about 3 minutes per day with his children. To have a great father-child relationship, it important not to just be in the same house, but be together----really together.

The Native Sons and Native Daughters Program is a way to grow the bond between a father and his child. Someone once wrote, "a child is not spoiled by giving them what they want, nearly as much as by giving substitutes for what they really want - attention, interest, and understanding."

You are a great Dad. Your kid knows it every time you help build a rocket or go on a nature hike or sit around a campfire or climb a rockwall or go with them to an Aeros game or walk in a parade or toboggan down a chute or drive to a campout with them. These events are powerful ways to show to your child that you care and to build memories with him or her that will last a lifetime.

We now have 200 children and their fathers that are members of our Cuyahoga Valley Native Sons and Native Daughters. We are stronger than ever because are kids are important to us. We are stronger than ever because we love our families.

I love what our organization represents. I love that is is about YOU and YOUR CHILD and about all of us building relationships together. I love that is separate from the world of work and chores and the things that bog us down from enjoying life and each other. And it makes me proud to be associated with someone like you that values family.

Rex "Chief Snakebite" Mack

## Annual Recruiting Rally

**Wednesday September 14th @ 6:30 p.m. Cheyenne Tribe**

The Annual Recruiting Rally will be held at the Oakes Grove Pavilion in the Metro Parks @ 6:30 p.m. This will be the first event for our newest Members-To-Be, and we would like to make a great first impression. You can look forward to some great food, a giant inflatable (the kids will love it!), an Indian Story presented by our beloved Story Teller-- "Laughing Crow" (Don Baran), numerous rock launch demonstrations, free toy handouts (paper airplanes & handmade yo yo's) & lots of fun! Your kids will enjoy it!

All officers & tribe members (including the kids) are invited to attend & to enjoy the festivities. Please invite other dads & kids to see how much fun the Cuyahoga Valley Native Sons & Daughters have. You never know.....they may just want to join our group!

The Recruiting Rally is also a great time to sign up for the fall campout or to purchase some NS/ND clothing (T-shirts, hats, sweatshirts, etc.) for more information, contact Mike Weisbarth at 216-524-6261 or e-mail [gruvkitty@yahoo.com](mailto:gruvkitty@yahoo.com)

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Next Officer's Meeting:

Officers Meeting: Wednesday, September 28th, 9:00 at the Pickle Works

Next Longhouse Meeting: Wednesday, October 5th at the Brecksville Library

## Scheduled Events

Month	Event	Date	Location	Sponsoring Tribe/Assist
September	Recruiting Rally	9/14/2005	Oakes Grove	Cheyenne & (Shawnee Co-sponsor)
September	New Dad's Orientation	9/21/2005	Chippewa School Gym	Nation Chiefs (No Co-Sponsor)
September	Induction Dinner	9/24/2005	Independence Civic Center	Comanche (No Co-Sponsor)
October	Rocket Launch	10/9/2005	BVH Fields	Saratoga (No Co-Sponsor)
October	Fall Campout	10/14/2005	Camp Fitch	Medicine Man (No Co-Sponsor)
November	Nature Hike	11/15/2005	TBD	Rising Moon (No Co-Sponsor)
December	Christmas Parade	12/4/2005	City of Brecksville	Nation Chiefs (No Co-Sponsor)
January	Winter Campout	1/27/2006	Camp Y-Noah	Medicine Man (No Co-Sponsor)

*\*Times and Dates are subject to change. You can verify the above information by visiting our web site at [www.cvnsnd.org](http://www.cvnsnd.org)*

### CVNSND Rocket Launch

**Sunday, October 9th, 2005 – 12:00**

The Fields Sports Complex in BVH Family Event



Kick off the fun filled 2005-2006 event calendar with the Rocket Launch. Come join us at the Broadview Heights picnic pavilion in "The Fields" sports complex off of Broadview Road on Sunday, October 9th, 2005. Registration will begin at 12:00. There will be a \$5.00 registration

fee per entry. We will begin launching rockets at 2:00. The Rocket Man will providing rides in his Rocketmobile from 1:00-3:00.

You will need to pick up a rocket kit at one of the local hobby shops or toy stores. No multiple stage rockets please! The rocket that you purchase must be able to accept an A, B, or C engine. The longhouse will provide the engines. Larger D sized engines can be purchased at a discount for CVNSND through Loc Precision (440-546-0413). D sized engines will not be provided by the longhouse.

This is a family event. The longhouse will provide hot dogs, coffee, water, and bug juice. Native Sons are asked to bring desserts and Native Daughters are asked to bring side dishes. Prizes will be awarded for best style in each age group K-4. Don't miss this great event! See you there!

For more information please call Ed Baldwin 440-546-0316 or e-mail [edannebaldwin@hotmail.com](mailto:edannebaldwin@hotmail.com).



Submit articles via email:  
[smokes@cvnsnd.org](mailto:smokes@cvnsnd.org)  
 Visit our website [cvnsnd.org](http://cvnsnd.org) for the most current information on news and events.

### Nature Hike

**Saturday, November 5th – 10:00 AM**

This year's annual Nature Hike will take place at the Oakes Grove Pavilion in the Brecksville Metro Parks on Saturday, November 5th.

Meet at the Pavilion beginning at 10:00am for refreshments (hot chocolate, coffee, donuts and more...). Be sure to bring your hiking stick and wear your hiking boots for this Autumn adventure

The event will be held rain or shine in the natural beauty of the Cuyahoga Valley National Recreation Area.

This is a Native Son / Native Daughter with Dad ONLY event

Sponsored by the Rising Moon tribe.

For more information contact Mark Evans @ 440-838-8043

### August Birthdays

Trailblazers ..... Ariana Wilin  
 Catawba ..... Nicole Fantozzi  
 Catawba ..... Madeline Baldwin  
 Trailblazers ..... Justin Koeth  
 Erie ..... Adam Fiore  
 Rising Moon ..... Jamie Speck  
 Cheyenne ..... McKenna Weisbarth  
 Apache ..... Greg Synek  
 Cowichan ..... Alison Grgat  
 Apache ..... Jordan Sollinger  
 Mohawk ..... Madeline Pinto  
 Mojave ..... Melissa Brusik  
 Navajo ..... Patrick Grimone  
 Comanche ..... Jared Schrader  
 Crow ..... Edward Brown  
 New ..... Ashley Leonard  
 Comanche ..... Matthew Pitzer  
 Navajo ..... John Zawada

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## New Dad's Orientation

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**Wednesday, September 21st 7:00 – 8:30pm**

The location for the New Dad's Orientation will be the Brecksville Chippewa School at 8611 Wiese Road.

- Learn about our organization and how it operates.
- Get your tribe assignment.
- Meet other dad's within your tribe.
- Plan your first tribe meeting.
- Learn how to run a tribal meeting.
- Sign up for the Fall Campout (last chance).

This is a Dad's Only event where you can meet our first year tribes and help them get started in the program. If you would like to serve as a tribe advisor or help out at the orientation, call John Falko at 216-689-4246 (work), 440-746-1145, or email him at [John\\_J\\_Falko@KeyBank.com](mailto:John_J_Falko@KeyBank.com).

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## Trailblazers' Corner

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Now that your child has outgrown the Native Son / Native Daughter program, do you miss the opportunity to make those life long memories? Trailblazers to the rescue!

Trailblazers is open to kids in the fifth grade and up. It was developed as an extension of the NS/ND program. Children who were not involved in NS/ND are also welcome to join.

The group currently has about thirty active families. On average, we have one regularly scheduled event per month. Some events are designed for the entire family, while others are father/child only.

Previous events include paint ball, laser tag, whirly ball, cosmic bowling and moonlight golf. We also paid a visit to a haunted house, toured NASA and The Plain Dealer. Don't miss our lock-in and overnight camping activities. Annual membership dues follow the same guidelines as the NS/ND program.

To obtain more information or sponsor an event, please call Chris Iula @ 216-524-9383 or Jerry Narduzzi @ 216-524-8442.

To get on our mailing list, complete the following form.

Father's Name: \_\_\_\_\_

Child's Name / D.O.B.: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

*Mail to: Chris Iula, 4251 Cliffview Drive, Independence, OH 44131*

**WWW.CVNSND.ORG**

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## 2005 Induction Dinner

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**Saturday, September 24th, 4:00-7:00 PM**

Hosted by the Comanche Tribe  
Independence Civic Center

Come join us to celebrate the induction of new tribes and members into the Cuyahoga Valley Local Longhouse. This is the first year to include an Induction Dinner. The event promises to be a great introduction for new members and their families into the traditions of our organization.

The induction dinner will include a menu of Italian food, including pasta, sauces, bread and beverages. Members and their immediate families (parents and siblings) are admitted free, and there will be a \$10.00 fee for other guests.

Following dinner, we will conclude the evening with the CVNSND induction ceremony. Chief "Snakebite" Rex Mack and other chiefs will welcome all new tribes and present the children with their Indian headbands, feathers and patches.

For more information, contact Gary Pitzer by phone at 440-915-4448 or by email at [gpitzer@tarolli.com](mailto:gpitzer@tarolli.com).

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## Summer Campout Photos

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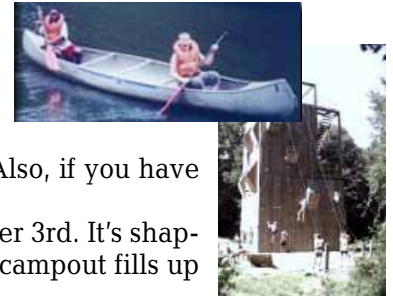
# Camping Fall Campout

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## Camp Fitch - October 14, 15 & 16

This year's Fall Camp Out will be held on October 14th to 16th at Camp Fitch in Pennsylvania on the shores of beautiful Lake Erie. Horseback riding, archery, canoeing, rowboats, paddleboats, crafts, and hayrides are some of the events that are being scheduled. To kick off the Camp Out the Longhouse will be sponsoring a special presentation on Friday night around 9:00pm that you won't want to miss. Also, if you have firewood or a truck to haul it in, call Jason Koeth 216-524-7029.

Registration is on first-come first-served basis! The deadline for sign-up is October 3rd. It's shaping up to be a great time for all, so don't wait until the last minute to sign up. This campout fills up FAST and ALWAYS sells out!

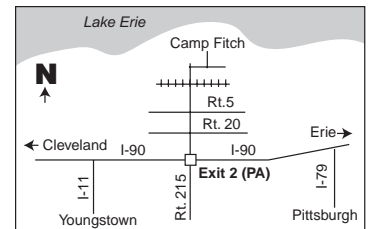


Bring adequate clothing appropriate for the time of the year/weather forecasts. Coordinate with your tribe members regarding what to bring as far as large items such as grills, etc. in order to avoid duplication.

- General items to bring: Extra Clothing, boots, 2nd pair of shoes, jacket or sweater, ponchos, vests/headdress/etc.  
Cooking Equipment: Coffee pot, matches, wood, saw/hatchet, grill, charcoal lighter, skewers, cooler, pop, canteen, snack food (hot dogs, burgers, chips etc., paper cups, plates, towels, folding table  
Toiletries: Toothbrush/paste, comb, washcloth/towels, soap, razor, sunscreen  
Miscellaneous: Flashlight, torch & rag (for the Saturday night torch march), bug repellent, lawn chairs, rope, clothespins, first aid kit, sleeping bag/pillow, sports equipment, camera/film, plastic bags, game.

Also: patience, cooperation, imagination. DO NOT bring: Alarm clock, TV, radio, alcoholic beverages, fireworks, grumpy dads.

Directions (Get a map here: <http://www.campfitch.com/map.html>)  
Camp Fitch, North Springfield, PA (drive time is less than 1.5 hours)  
Take Rt. 90 East into Pennsylvania to Rt. 215 (second exit in Pennsylvania). Turn left onto Rt. 215 North. After you pass Rt. 5 look for signs directing you to Camp Fitch.



Medicine Man: Jason Koeth (216-524-7029)

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## Fall Campout 2005 - Registration Form

October 14, 15 & 16 (Deadline for registration October 3rd 2005)

Dad's Name \_\_\_\_\_ E-mail: \_\_\_\_\_  
Child's Name \_\_\_\_\_ ( ) Tribe \_\_\_\_\_  
Child's Name \_\_\_\_\_ ( ) Tribe \_\_\_\_\_  
Child's Name \_\_\_\_\_ ( ) Tribe \_\_\_\_\_

(Note to Dad w/children in 2 tribes- Please indicate with "X" above in ( ) by child's name where you would prefer to sleep. This will help me with cabin assignments.)

Cost: \$135.00 (1 Dad and 1 Child): \$ \_\_\_\_\_  
+ \$35.00 (each additional Child): \$ \_\_\_\_\_  
TOTAL AMOUNT ENCLOSED: \$ \_\_\_\_\_

No additional cost for horseback riding.  
Children ages 7 and above will ride the trail.  
Names of Horseback Riders:  
(In order to ensure all children have a chance to ride, they will be scheduled first.)

Make checks payable to: CVNSND  
Mail to: Jason Koeth, 6812 East Pleasant Valley, Independence, OH 44131

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## Native Sons/Native Daughter 2005-2006 Dues

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You will soon receive your 2005-6 dues invoice. This year's dues are \$70 per family. For each new child member, a one-time \$10 fee is due to cover the cost of the National Longhouse patches and instructional literature for all new members. Native Sons and Native Daughters has a policy of including everyone regardless of their ability to pay. Should you or someone you know be experiencing financial difficulties, please contact a Longhouse Officer so that "no child is left behind." Wampum Bearer Kenn Synek thanks you in advance for your prompt payment of this year's dues!

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## Tips for a Successful Tribe Meeting

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A traditional tribe meeting is conducted at least once or twice per month. Families take turns in hosting the meetings. The meeting location can be (and is favored to be) in the homes of the host family or some pre-arranged location such as a meeting room of your local church, library, community center, etc. Size of the tribe may also dictate here. Try to have meetings year-round.

Creating and Running a Tribe Meeting: The host family will usually be responsible to plan and provide the craft, refreshments, games, etc. These are all part of planning a meeting. The chief will officiate the meeting, then turn it over to the host family. A traditional tribe meeting will usually contain the following:

Opening and Closing Ceremony:

Be flexible and tailor it to the needs of your tribe but try not to remove the traditional and ceremonial components.

Scouting Reports:

The scouting reports referred to in the meeting agenda are made by the children. Each child is given the opportunity to tell the tribe about an experience (or report on a subject) that has happened to them (assigned to them) in the last month. The tribe chief may assign a subject. Subjects can be endless such as things in nature, tribal Indian lore, athletics, animals, hobbies, family fun, favorite bible stories, vacations, etc. If the tribe prefers, the children tell of their favorite parent/child experience from the last month, such as a hike together. The children could also tell of a special personal event or happening from the last month.

Craft Project:

Ideas are endless. Many with a nature or Indian theme (great for building your stock of Indian regalia), are always popular. Many seasonal crafts can be also a hit with the children. Keep your project selection simple enough for all of the children to be able to complete with help from their parent, yet interesting enough for all of their age groups. If the craft project will take longer than the allotted time, consider preparing part of the craft in advance of the meeting. Pre-bagging also saves time passing things out. Your craft selection will determine whether or not parents can make the craft for themselves as well. PARENTS LOVE CRAFTS TOO.

Games:

Choose a game that can include all the tribe members including the parents. Consider going outdoors if possible. Parent participation in the game is important. This is usually the loudest portion of the meeting.

Story:

It is usually good to follow the game with a story as it allows the group to settle down and refocus. Many good Indian theme stories that also teach a lesson and possibly spark discussion are available from the support materials for the program. The Native Sons and Daughters Programs manual also contains a few stories. Take a trip to your local library with your child to find stories.

Other Possibilities:

The tribe meeting could include a number of other appropriate activities such as talks by the chief; show-and-tells of hobbies, pets, etc.; songs; devotions.

Refreshments:

Served at the end of all activities, just before closing. Limit these to a dessert or two, and some form of refreshment. Be aware if any children and/or parents have special dietary restrictions. Homemade goodies are usually a favorite. Many times, homemade desserts are fashioned around the season such as Halloween, Thanksgiving, Christmas, etc.

Attendance at Meetings:

As this is a parent & child program, the parent must attend the meeting with the child. BE ON TIME to tribe meetings. A meeting schedule should be established as soon as possible so host families are aware of their meeting date. Meetings should be scheduled on the day most acceptable to all. Assigning a calendar of meetings at the start of the program year seems to be most effective. Try sticking to same day of week because everyone can plan those dates well in advance.

TRIBE	CONTACT	PHONE	EMAIL
Apache	Stan Glover	740-269-2208	stan.glover@crucible.com
Cherokee	Kenn Synek	216-524-3887	ksynek@zscapa.com
Cheyenne	Mike Weisbarth	440-838-4469	mweisbarth@cox.net
Choula	Dave Scotton	216-642-8121	djscotton@juno.com
Comanche	John Boblick	440-230-1425	boblick@sbglobal.net
Cowichan	John Falco	440-746-1145	d-falco@msn.com
Crow	Dave Boldt	216-524-3055	daveboldt@aol.com
Erie	Scott Armor	216-351-8626	healthyhouse@aol.com
Kickapoo	Gary Jantonio	440-526-7154	gajcpa@att.net
Mohawk	Salvatore Messina	440-740-0265	gmessina@gpartnership.com
Mojave	Dean Leiby	440-526-9065	daddyliby@aol.com
Navajo	Dan DiTommaso	440-526-4659	msupitt@cox.com
Rising Moon	Mark Evans	440-838-8043	markevans@pol.net
Saratoga	Edward Baldwin	440-546-0316	edannebaldwin@hotmail.com
Seminole	Carl Wisniewski	216-901-9219	wis6667@aol.com
Shawnee	Steve Simmons	216-524-6261	gruvkitty@yahoo.com
Shoshone	Jim Fallon	216-526-5128	fallon5@sbglobal.net
Teton	Kris Scott	440-526-1092	kscott@directispisables.com
Trailblazers	Ray Martin	440-838-1056	rsm9537@aol.com
Veibichai	Dale Mikol	440-526-4037	dale.mikol@lighting.ge.com

Tribe Contacts

TRIBE	CONTACT	PHONE	EMAIL
Longhouse	Rex Mack	216-496-3314	rex_mack@ml.com
Assistant Longhouse Chief	John Falco	440-746-1145	d-falco@msn.com
Sachem	Dan Ogorek	216-524-4511	dano@scratchoff.com
Fire Nation Chief	Steve Hadick	216-524-7576	steve@hadick.com
Earth Nation Chief	Gary Pitzer	440-526-0675	gpitzer@taralli.com
Sun Nation Chief	Edward Baldwin	440-546-0316	edannebaldwin@hotmail.com
Sky Nation Chief	David Sedivy	440-838-5083	davesd@core.com
Medicine Man	Jason Koeth	216-524-7029	jkoeth@wowway.com
Assistant Medicine Man	Mark Evans	440-838-8043	markevans@pol.net
T-shirt Chief	Dave Speck	440-526-7153	d speck@hotmail.com
Assistant T-shirt Chief	*		
Storyteller	Don Baran	216-524-7723	donbaran@thetrenchcompany.com
Wampus Bearer	Kenn Synek	216-524-3887	ksynek@zscapa.com
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Property Chief	Mike Lubic	216-447-0807	zubic4@aol.com
Assistant Property Chief	Jeff Budzowski	216-524-8924	jeff@lowerparkhomes.com

Longhouse Officers

\*The Longhouse needs to fill Officer vacancies. Please consider volunteering!

**Cuyahoga Valley Native Sons & Native Daughters**

9866 Tamarack Trail  
Brecksville, OH 44141

